



BEST IN NEW YORK

2007
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BEST NO PAIN NO GAIN

Pure Power Boot Camp

*38 W. 21st St., 2nd Fl. (5th & 6th Aves.)
Flatiron 212.414.1886*

Boot camps in New York do exist and one of the most challenging is in Chelsea. Pure Power Boot Camp is the only indoor obstacle/confidence course in New York City. You can't join and show up once or twice a week. The program is six weeks, classes are one hour, and you need to get your butt there four days per week. The course resembles what you'd confront in the military and while you may be scared by the tough love attitude, it's just like your parents said: They wouldn't scream at you if they didn't care.

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